Code: Short Fore (single) - rib cage removed Forequarter L039 I. Position of the short fore removed from 2. Cut between the 6th and 7th rib and 3. Saw through the back bone. 4. Short Fore (6 ribs). the carcase between the 6th and 7th ribs. through the cartilage part of the breast bone and follow the ribs to the back bone. 5. Saw through the centre of the back and 6. Single Forequarter of lamb. 7. Remove the rib, back and neck bones by 8. Remove excess fat. neck bones to split the short fore into sheet boning. single fores.



